



Floods



Snow

Plan for Emergencies

While government and service agencies work to prepare for emergencies, it is the responsibility of every organization, employer and individual to be prepared. With just a few simple steps, you can be ready in case of a tornado, a flood, a chemical spill, a disease outbreak, or a bioterrorism threat.

This personal emergency guide is designed to help you keep all important information at hand. No matter where you are, or what you are doing, you can have the peace of mind that you are prepared. Take time now.



Pandemic



Tornadoes

ITEMS FOR AN EMERGENCY SUPPLY KIT:

Water: one gallon of water per person per day for at least three days, for drinking and sanitation

Food: at least a three-day supply of non-perishable food

Battery-powered or hand crank radio and a NOAA all-hazards alerting weather radio plus extra batteries for both

Local maps

Dust mask to help filter contaminated air and plastic sheeting and duct tape to seal doors and windows

Moist towelettes, garbage bags and plastic ties for personal sanitation

First Aid Kit

Wrench or pliers to turn off utilities

Can opener for food (if kit contains canned food)

Prescription medication and eyeglasses

Infant formula and diapers

Pet food and water, identification and vaccination records, carrier or cage, medications, muzzle and leash

Feminine supplies and personal hygiene items

Cash in small bills or traveler's checks and change

Sleeping bag or warm blanket for each person

Complete change of clothing, including a long-sleeved shirt, long pants and sturdy shoes, jacket and other outdoor clothing

Important family documents such as copies of insurance policies and bank account records in a waterproof container

Matches in a waterproof container

Fire extinguisher

Mess kits, paper cups, plates and plastic utensils, paper towels

Paper and pencils

Books, games, puzzles or other child activities

A whistle to signal help

Regular household chlorine bleach, medicine dropper and 1/4 cup measure. Do not use scented, color safe or bleaches with added cleaners.

To disinfect hard surfaces: 1/4 cup bleach to 1 gallon water

To disinfect drinking water: 8 drops of bleach to 1 gallon water, cover and let stand 30 minutes

A portable water purifier can also be used

Make a Plan

Fill out the personal information on the other side and discuss it with your loved ones. Post the information where everyone in your family can see it.

When making your personal emergency plan consider all occupants in your home. Remember those with special needs, small children and pets.

Have an evacuation plan, designate a meeting place and share that information with your family and friends who need to know where you are.

Sign up for Twitter notification on emergencies at www.alertlakecounty.com.



Know Where to Go

The Centers for Disease Control (CDC) recommends development of mass medication plans to distribute medication to an entire population within 48 hours.

Should there be a need for mass medication distribution during a public health emergency, Lake County residents may be asked to go to their local polling place. Visit www.lakecountyiil.gov/health or call (847) 377-8000.

Should vaccinations be required during a public health emergency, Lake County residents may be asked to go to a high school location nearby to receive vaccinations.